

Fitbody By Jessica

Group Fitness & Nutrition Program

Participant Registration	
First & Last name	
Date of Birth	
Age	
Sex	
Personal Information	
Address	
City	
State	
Zip	
Home	
Mobile	
Email	
How did you hear about us?	
Medical History	
Allergies/Medications	
Emergency Contact Name	
Emergency Phone	
Measurements	
Today's Date	
Bicep	
Chest	
Waist	
Thigh	
Weight	
Total Body Fat	
Athorization	
I (Print name)	

have agreed to participate in Fitbody By Jessica Boot Camps (FBBJ) an indoor and outdoor fitness camps. The activities of FBBJ include strength training, running, agility drills, jumping, intense cardiovascular activities and flexibility training. Acknowledgment is hereby made that the activities of the camp will require me to spend time outside in the heat, as well as inside. I further acknowledge that there are risks involved in participating in the boot camp. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, my physical condition, equipment, actions of other people including, but not limited to, participants, volunteers, and lack of hydration. In consideration of my being accepted into the program, I agree to release and discharge FBBJ and any of its employees, volunteers and supervisors, FBBJ, from any injuries sustained by me as a result of participation in this program. I agree to indemnify and hold harmless, FBBJ and any of its employees, volunteers, and supervisors, facilities and owners of FBBJ against any liability incurred as a result of such injury or loss. Fitness activities and programs require that I be in good health and have no condition that could endanger my well-being through participation. I will notify FBBJ of any such defects in writing prior to enrolling in this program.

The undersigned agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of myself.

Date	
Signature of Participant	